March 2022 | Issue 1



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BOSTO

In Otter Words A MONTHLY NEWSLET

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WE'RE GLAD YOU'RE HERE!

Talk Time Boston may not be taking clients yet but we are so grateful of the support we have already seen on our Facebook and Instagram accounts over this first month. From the bottom of our hearts, thank you. We are so happy you are here with us as we start this journey.

It won't surprise you to know that we love to talk about all things communication. But we also have a deep passion for helping families in our community learn more about how to engage with and help their child in their communication development. That's why we are so excited to open Talk Time.

We are here to serve you, the community. Please let us know what YOU want most. Send us an email, message us on posts, and respond to our Instagram stories to let us know the type of content that will help you most.

Alessandra Spanldurg



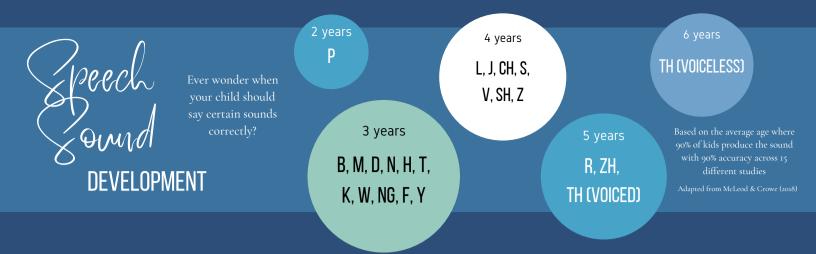
Monthly Highlights

<u>New Blog Post:</u> Hello! We're New Here 3/3/2022 Coming Out of Covid 3/13/2022

<u>Let's Discuss</u>: Late Talkers Instagram Post 3/11/2022

<u>Book of the Month:</u> We Don't Eat Our Classmates Ryan T. Higgins







RECASTS

Recasting is a language elicitation strategy where an adult repeats a child's utterance to EXPAND or CORRECT.

EXPAND - Add a word to make the utterance longer. Expand one word to two, or two words to three or four.

CORRECT - Keep the *meaning* of the child's utterance but make it more complex or adult-like by correcting grammar or pronunciation

No imitation required! Just keep playing or engaging with your child.

Examples: "Ball" --> "<u>Blue</u> ball" "Mama sih here" --> "Mama <u>sit</u> here"



Meet Alessandra Growing up in the suburbs of Massachusetts, Alessandra has always loved to work with children. Graduating with her A.B. from Princeton University and her M.S. from Boston University in speech pathology, Alessandra has worked in both educational settings and in private practices in the Massachusetts area.

Alessandra has clinical expertise in all major speech and language disorders and experience working with infants through adolescence. She is a speech language pathologist with a Certificate of Clinical Competence (CCC) from the American Speech-Language Hearing Association (ASHA) and is licensed by the Commonwealth of Massachusetts.

When she is not practicing, she loves spending time with her two children, writing her novel, and doing art in her bullet journal.

WANNA KNOW A SECRET?

We have tons of FREE information for parents and caregivers on our Instagram account: @talktimeboston

This newsletter is only a highlight of our month, but we have lots of content on Instagram hat can help you feel more confident and knowledgeable about your child's communication development.

But starting out on Instagram isn't easy. As we grow, it is important that our followers <u>engage</u> with our content so we can keep growing and reaching more families! So if you like seeing our posts and reels, please consider doing any of the following actions. Or, do them all, just for fun!

LIKE - That little heart button. Double tap! COMMENT - Let us know what you think! TAG - Share with a friend. SHARE - Share to your stories. SAVE - The little bookmark

Thank you so much! See you on the 'gram!

Why did the otter cross the river?

To get to the otter side