

TALK TIME

BOSTON, MA



In Otter Words

A MONTHLY NEWSLETTER



WE ARE ENROLLING!

I am so excited to announce that we have started scheduling evaluations and treatment for AUGUST! You can email us at info@talktimeboston.com or sign up on the form online at www.talktimeboston.com/services to get started.

What should you expect when you're getting started at Talk Time?

1. We will check to see if you have a current evaluation or if you need an evaluation to get started. This is a very important step since understanding your child's strengths and challenges helps us design an individualized treatment plan.
2. We will send you intake forms to get to know your child!
3. After we have evaluation results, we will discuss scheduling and protocols. Some kids do best with a once a week model while others may need something different. Your clinician will work on figuring out the best plan for your child.
4. Then you will have your first session where we will work on building rapport with your child and thinking about some objectives to work on for the first 3 months of therapy (we call this a "treatment period")

Are you ready to get started? We can't wait to meet you!

Alessandra Spaulding

Executive Director of Talk Time Boston

Monthly Highlights

New Blog Post:

No Wrong Way to Play 6/17/2022

Let's Discuss:

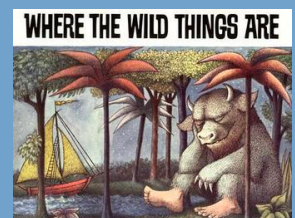
Precursors for Verbal Language
Instagram Post 6/11/2022

Play

Instagram Post 6/18/2022

Book of the Month:

Where The Wild Things Are
Maurice Sendak





ARE YOU A
FOLLOWER?

We have tons of FREE information for parents
and caregivers on our Instagram account:

@TALKTIMEBOSTON



If you enjoy our posts and reels, please
like, comment, share, and save our
posts to help us grow!



STRATEGY Spotlight

THE NARRATOR

What does narration look like?

- Listing Steps
- Describing Actions
- Talking to Yourself
- Saying Thoughts Out Loud

It might feel awkward, especially if you
are a generally quiet person, but give it
a try for a few minutes at a time!

1 MEALTIME

Describe

WHAT ARE YOU DOING?
WHAT COLOR IS THE FOOD?
ARE YOU FEELING HUNGRY?

2 DRIVING

Talk

WHERE ARE YOU GOING?
WILL IT TAKE LONG TO GET THERE?
WHO WILL BE THERE?
WHAT DO YOU SEE?

3 LAUNDRY

List

STEPS TO COMPLETE
WHAT YOU HAVE TO DO NEXT

4 ON A WALK

Describe

WHAT PLANTS DO YOU SEE?
WHAT ANIMALS DO YOU SEE?
IS IT HOT OR COLD?

Precursors TO VERBAL LANGUAGE

Precursors to verbal language
are "signs of readiness". Seeing
these skills are a good
indication that your child is
ready to use verbal language

1. Using Gestures -- especially pointing
2. Babbling -- syllable repetitions
3. Joint Attention -- sharing focus on something with someone else
4. Imitation -- facial expressions, sounds, and words
5. Receptive Language -- understanding language
6. Sound Repertoire -- early consonants and vowels
7. Intention -- the desire to communicate

*Check out the instagram post for more details and examples!
And check out our blog post for more information on gestures.*

WHEN TO SEE AN SLP

If your child is 10-12 months old and you are not seeing some of
these precursors (especially gestures, babbling, and receptive
language skills), reach out to a speech therapist for an evaluation.

It can never hurt to get help early on these important
communication skills!

MEET NICOLE!

But wait, there's more! I am so excited to
announce that Nicole Overy, M.S. CCC-
SLP, will be joining Talk Time starting
August 1st. She is a phenomenal clinician
who is passionate about neurodiversity-
affirming child-led therapy and is
PROMPT-trained.



Where do otters keep their money?

In the riverbank!